## embrace consistency

When you get "bumped" what spills out? Anger? Grace? Kindness? Nastiest?

For example, when you're cut off in traffic, or someone challenges your work—what's your quick response (even if just in your mind)? Do you feel like it's a true reflection of who you are?

Luke 6: 43—45

## embrace consistency

Who do you know that lives a consistent life?
Where their words and their actions match up.
Please share about this person.

Luke 6: 43—45

## embrace consistency

If you claim to be religious but don't control your tongue, you are fooling yourself, and your religion is worthless. James 1:26

In your own words, what is this verse saying? What does it tell you about the responsibility believers have to represent their faith?

## embrace

<sup>17</sup> For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh; for these are opposed to each other, to prevent you from doing what you would. But if you are led by the Spirit you are not under the law. Galatians 5;17, 18

Galatians chapter 5 goes on to describe the fruit of the spirit; *love*, *joy*, *peace*, *patience*, *kindness*, *goodness*, *faithfulness*, <sup>23</sup> *gentleness*, *self-control*. It's a package deal, but can you identity specifically where you're lacking? Please share with the group.