

embrace LOVE

*Do you find it easier to show love
or receive love?*

Ephesians 5: I Follow God's example, therefore, as dearly loved children² and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

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Of the five love languages (quality time, physical touch, receiving gifts, acts of service, words of affirmation) which is yours? Are you aware of your closest loved ones love language? Go to www.5lovelanguages.com if needed.

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Share a time you really felt loved.

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Describe unconditional love in your own words.

Follow -up question after members respond: Do you ever keep track of what you've done for others, subconsciously hoping they'll give back to you at some point?

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