



**embrace** *Your worthiness*

*you are more valuable to God than a whole flock of sparrows. Matthew 10:31b*

1) Can you share a time you felt Satan telling you that you were worthless?



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2) Can you share a time or experience when God used a person to encourage or affirm your value.



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3) "You are valuable because you exist. Not because of what you do or what you have done— but simply because you are." - Max Lucado  
How does this quote challenge your way of thinking?



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4) What ways are you striving for approval or acceptance right now?