## embrace Giving thanks

And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him. *Colossians 3:17* 

1) Chapter 3 of Colossians is about the *new you* in Christ. Describe yourself to your group.

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"what if you woke up today with only the things you thanked God for yesterday."

2) Read the quote above. If that's true, what does today look like?

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3) Name three tangible things you are thankful for.

## embrace Giving thanks

And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him. *Colossians 3:17* 

4) Name three intangible things you are thankful for.