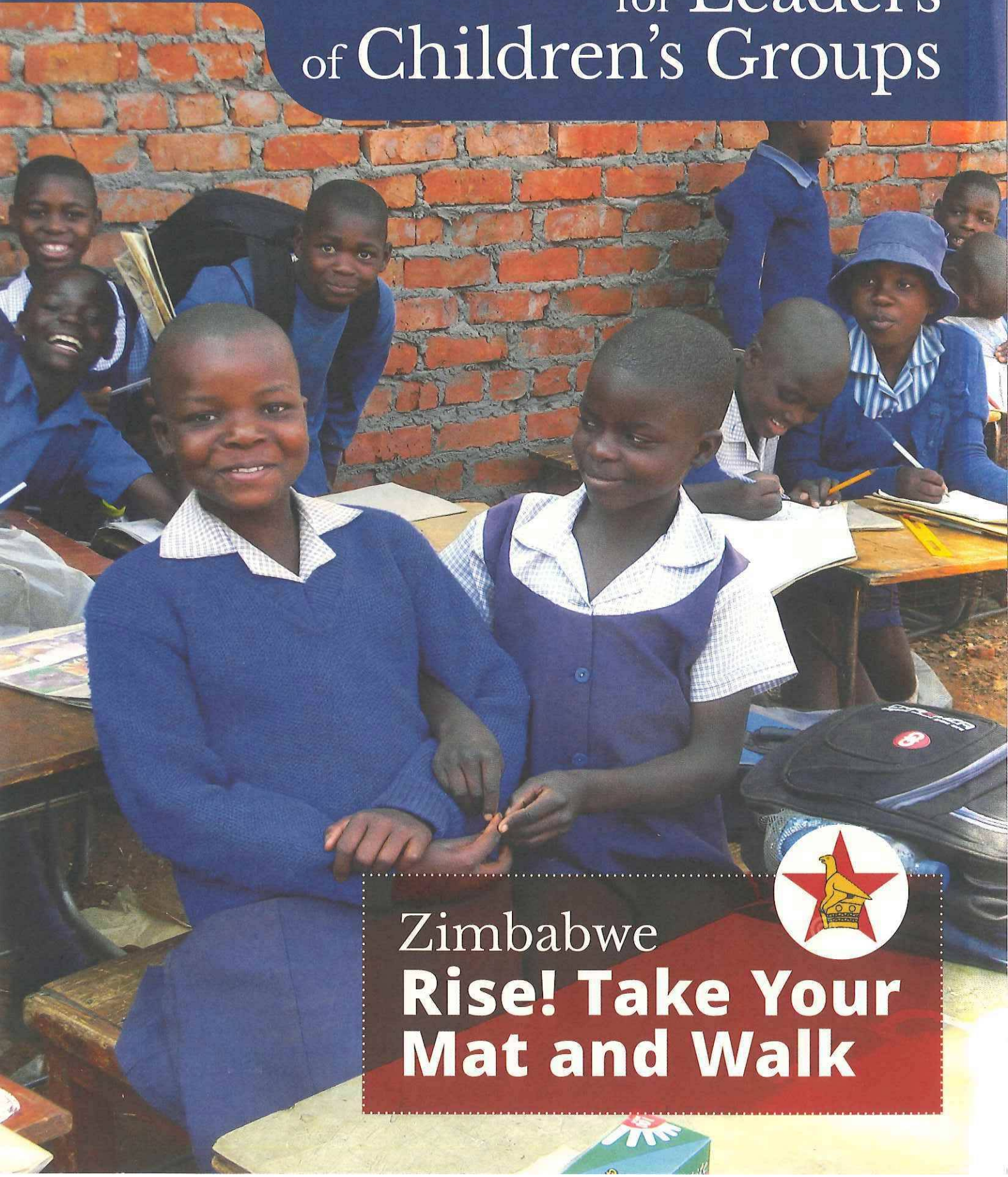


Resources

for Leaders
of Children's Groups



Zimbabwe

**Rise! Take Your
Mat and Walk**



Games to play and things to make

Here are the instructions for the crafts – you will find more information on our website, such as the **script for the children's service**, and the printouts. Look in **Resources** (www.wwdp.org.uk/resources) where you will find a **Creative Ideas for 2020** section.

Zimbabwe Overview

Zimbabwe is a landlocked country in the southern part of Africa, bordered by South Africa, Botswana, Zambia and Mozambique. The Zambezi River is the country's longest river, along which are the Victoria Falls – a major tourist attraction. The climate is marked by four seasons: winter, which is cool to cold; summer, hot and dry; rainy season; and the spring season. The country has 16 official languages and English is only the first language for 2% of the people.

The British built schools, hospitals, churches and many industries during colonial rule and Christianity was established, but Zimbabwe has since had a very turbulent and unsettled history with high economic inflation, resulting in great poverty. Many children are looked after by extended families after losing parents to HIV and AIDs. Education is not free and children in rural areas are not able to go to school due to poverty and long distances.

There is a great need for love, peace and reconciliation in Zimbabwe.

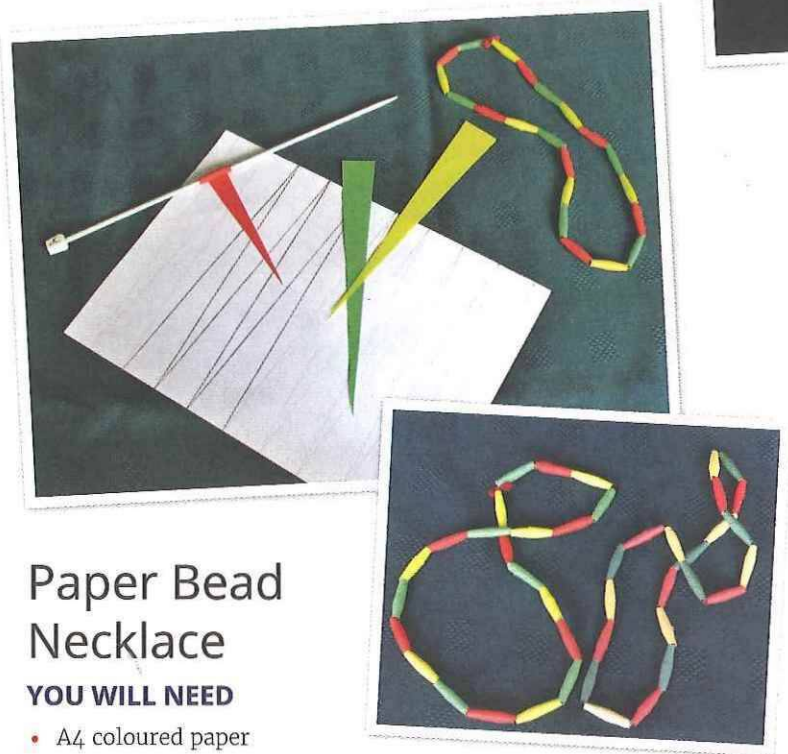
Wool Weaving

YOU WILL NEED

- Stiff card
- Pinking shears
- String
- Variety of coloured wool

WHAT TO DO

1. Cut along the short edges of the card with the pinking shears.
2. Wind the string around the card from each zigzag cut edge several times and tie off.
3. Use the variety of coloured wool to weave in and out of the string alternately, backwards and forwards, to make your own mat.



Paper Bead Necklace

YOU WILL NEED

- A4 coloured paper
- Length of wool or thick cotton
- Ruler, glue, scissors, pencil, knitting needle

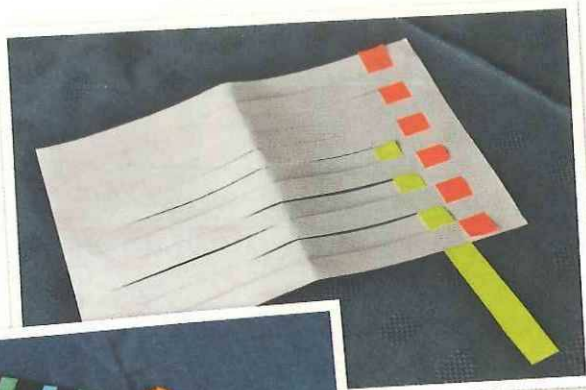
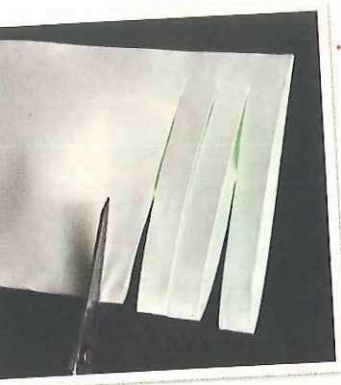
WHAT TO DO

1. Measure and mark paper along the long side every 3cm. Then along the opposite side beginning 1.5cm in.
2. Use the ruler to draw joining lines across to form long, thin triangles.
3. Cut out these triangles.
4. Repeat for chosen number of coloured sheets of paper.
5. Glue down length of triangle then take each one and roll around needle from the widest end to the point. Do not glue too close to the needle.
6. Repeat as many times as you need for the length of necklace required.
7. Thread the paper beads on to the wool or cotton and knot to complete your necklace.

The Walking Man

Visit our website at www.wwdp.org.uk

The templates to accompany the Bible story are on the website. These will need to be copied on to card, cut out and coloured in. They can then be used to accompany the Bible story (John 5:2–9). A small paper mat can be inserted in the black slot of the man's arm to be 'carried'.



Woven Place Mat

YOU WILL NEED

- A4 thin card or paper
- Variety of coloured sheets of A4 paper
- Scissors, ruler, pencil, glue

WHAT TO DO

1. Fold over the thin card or paper in half width-ways, but do not crease.
2. Cut up about every 2 cm wide from the folded edge to within 2 cm of open edges. (If necessary, mark these with a ruler and pencil first to keep the cut lines straight.) Open this cut paper out flat.
3. Select different coloured sheets of paper and cut into strips across the A4 width. (Again, use ruler and pencil if necessary.)
4. Weave the coloured strips under and over the cuts in the card/paper, alternating each length or colour for your chosen design.
5. Glue the ends to prevent any slipping and trim if necessary.

Wild Animals of Zimbabwe

YOU WILL NEED

- Cardboard tubes
- Orange, brown and grey card
- Wool for a tail
- Paints and brushes/sponges
- Wiggly eyes
- Black marker pen, scissors, glue
- Animal templates

WHAT TO DO

1. Decide which animal template you need (elephant, lion, giraffe, leopard, zebra) and copy a front and back on to the appropriate colour of card. Cut these out.
2. Mark feet and head features.
3. Cut the cardboard tube in half.
4. Paint your tube the same colour as the templates. Use sponge or brush to add spots or stripes if needed (leopard or zebra). * No horns, except for the giraffe.
5. Curl elephant trunk around a pencil.
6. Glue front and back to the tube and attach a wool tail.



GAMES TO PLAY

Pada

This is a game played in Zimbabwe. It is like our game of Hopscotch. It can be played by two children or two teams.

Nhodo

This is also played in Zimbabwe. It is just like our Jacks or Snobs, but played with 10 – 20 small stones or pebbles. One stone is thrown up, while as many stones as possible are grabbed before the tossed stone is caught again before it can land on the ground. The aim is to collect all of the stones in as few throws as possible.

Mingle Mingle

Everyone moves about individually to music. The music is stopped and the leader calls out a number. Everyone has to quickly get together in groups of that number. Anyone left over is out of the game. This is a game to encourage everyone to mix and to show that they all need each other.

Rise! Take Your Mat and Walk

Read or tell the story from the Bible – John 5: 2-9

The children could dramatize the story and then be encouraged to answer the questions asked in the Children's Activity Sheet. Older children or young people could use the story to discuss the message that the response and actions of Jesus and of the lame man might have for them today.

The following words written on cards may be used as prompts for the discussions:

LOVE

PEACE

RECONCILIATION

CARING

ACCEPTANCE

FORGIVENESS

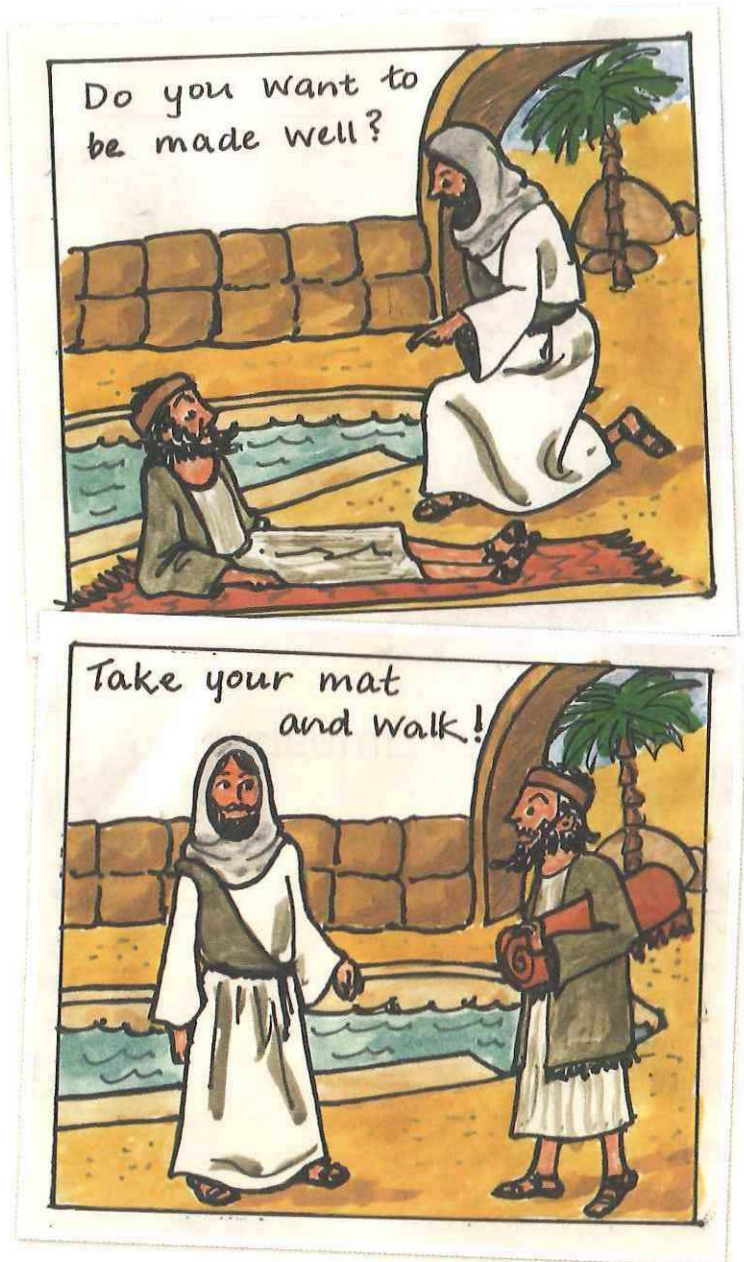
SHARING

The following song is on the music CD:

A MAN HAD BEEN AN INVALID for 38 years
At the bubbling pool of Bethesda.
He knew about pain and had shed many tears
At the bubbling pool of Bethesda.
At the bubbling pool
The bubbling pool
The bubbling pool of Bethesda.

When Jesus arrived He said to the guy
At the bubbling pool of Bethesda.
'Do you want to be well or are you happy to lie
At the bubbling pool of Bethesda?'
At the bubbling pool
The bubbling pool
The bubbling pool of Bethesda.

*When Bethesda bubbled the stories tell
That the first one in would be made well
But the power in the water could not compare
With the power of Jesus standing there.*



The poor man said there's no-one who'll
At the bubbling pool of Bethesda.
Help me to get down into the pool
At the bubbling pool of Bethesda.
At the bubbling pool
The bubbling pool
The bubbling pool of Bethesda.

Jesus said 'You're healed, stand up, you'll see'
At the bubbling pool of Bethesda.
And the man was healed instantly.
At the bubbling pool of Bethesda.
At the bubbling pool
The bubbling pool
The bubbling pool of Bethesda.