



Lord, You invite all who are burdened to come to You. Allow your healing hand to heal me. Touch my (n.) soul with Your compassion for others. Touch my (n.) heart with Your courage and infinite love for all. Touch my (n.) mind with Your wisdom, that my mouth may always proclaim Your praise. Teach me (n.) to reach out to You in my (n.) need, and help me (n.) to lead others to You by my example. Most loving Heart of Jesus, bring me health in body and spirit that I (n.) may serve You with all my strength. Touch gently this life which You have created, now and forever. Amen.

Lord, look upon me with eyes of mercy, may your healing hand rest upon me, may your lifegiving powers flow into every cell of my body and into the depths of my soul, cleansing, purifying, restoring me to wholeness and strength for service in your Kingdom. Amen.



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O God who are the only source of health and healing, the Spirit of calm and the central peace of this universe, grant to me such a consciousness of Your indwelling and surrounding presence that I may permit You to give me health and strength and peace, through Jesus Christ our Lord.
Amen

Lord, I come before you today in need of your healing hand. In you all things are possible. Hold my heart within yours, and renew my mind, body, and soul.

I am lost, but I am singing. You gave us life, and you also give us the gift of infinite joy. Give me the strength to move forward on the path you've laid out for me. Guide me towards better health, and give me the wisdom to identify those you've placed around me to help me get better.

In your name I pray, Amen.



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