



Good, good Father, You invite all who are burdened to come to You. Allow your healing hand to heal me. Bring me health in body and spirit that I may serve You with all my strength. Touch gently this life which You have created, now and forever.

Most loving Heart of Jesus, touch my soul with Your compassion for others. Touch my heart with Your courage and infinite love for all. Touch my mind with Your wisdom, that my mouth may always proclaim Your praise. Teach me to reach out to You in my need, and help me to lead others to You.

Holy Spirit, search me and lead me in your ways.

Heal my spirit and may your life-giving powers

flow into the depths of my soul, cleansing,

purifying, restoring me to wholeness and

strength to serve you.

Amen.



Father God, You are the only source of health and healing and the Spirit of peace and calm. Grant to me such a consciousness of Your indwelling and surrounding presence. Restore to me health and strength and peace, through Jesus Christ our Lord.

Lord, I come before you today in need of your healing hand. In you all things are possible. Hold my heart within yours, and renew my mind, body, and soul. I am lost, but I am singing. You gave us life, and you also give us the gift of infinite joy. Give me the strength to move forward on the path you've laid out for me. Guide me towards better health, and give me the wisdom to identify those you've placed around me to help me get better. In your name I pray,

Amen.